

“The Baptism of Jesus in the Jordan River”...

FROM THE GOSPEL ACCORDING TO - *MATHEW* -:

“After Jesus was baptized, he came up from the water and behold,... a voice came from the heavens, saying, ‘This is my beloved son, with whom I am well pleased.’” (Matt 3:16-17)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace to let our ego die in us every day, so that the Baptismal seed of the Spirit of God will be able to resurrect within us – which, as it is written, will bear many fruits of conversion in us and in those around us. (cf. *SLC*, p. 393)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to Baptism and to passing from death to life, Pope Francis writes: “Water is at once a symbol of death, inviting us to pass through self-conversion to a new and greater identity, and a symbol of life, of a womb in which we are reborn by following Christ in his new life.”

(FRANCIS, Encyc. Lett. *Lumen Fidei*, 29 June 2013, n. 42)

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...